

### **About the Health Care Provider**

- What is your educational background?
- Where and when are you certified to practice, and how long have you been certified?
- Do you practice within a birthing center, at home and/or in the hospital?
- Why did you become a midwife or doctor?
- What is your philosophy of practice?
- How many births have you attended?

### **The Practice, Hospital Privileges and Consultants**

- Do you like the setting in which you practice?
- What does your call schedule look like?
- Is there a good chance that I will see many providers throughout my pregnancy and not be able to choose who is with me in labor?
- What is your relationship with the hospital staff?
- Do you have full privileges at the hospital?
- Whom do you call for a second opinion on a clinical concern with a client?
- When and for what reasons would you call in a consultant?

### **Testing**

- What are your recommendations regarding: AFP screening, amniocentesis, routine ultrasounds in pregnancy?
- When would you recommend or perform an ultrasound, schedule a non-stress test, contraction stress test, and biophysical profile?

### **Labor & Birth**

- Do you require any routines in labor: fetal monitoring, preps, IVs, bedrest?
- Do you recommend -- or prohibit -- eating and drinking during labor?
- When would you do an episiotomy and what is your episiotomy rate?
- What percentages of labors in your practice are induced?
- Do the nurses at the hospital support your philosophy?

- What methods of pain relief do you recommend?
- What is your cesarean rate and what is the cesarean rate at your facility?
- Can my partner be present if there is a cesarean?

### **Postpartum**

- What are the newborn protocols?
- Is there a mandatory separation following birth?
- Can I breastfeed immediately, even if I have a cesarean?
- Do you have a board certified lactation consultant on staff?
- What is your opinion on circumcision?
- Do you support breastfeeding?